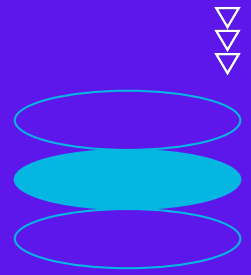




5-MINUTE MORNING JOURNALING TEMPLATE



I am grateful for...

Top 3 things I want to focus on today...

- 1.
- 2.
- 3.

Today, I will show up as...